



Check-up Executive

Information for women and men

Consultations and tests are listed separately for women and men. The final programme is confirmed in the hospital's offer after medical assessment.

Price available on request.

Duration: 4 business days.

One night in hospital, in a private room, for the sleep study.

Medical services are provided by the confirmed partner hospital.

Free transfer from Istanbul airport to your hotel or hospital and back, for the patient and companions.

At the hospital, the patient is accompanied by an interpreter in their native language.

Women | Consultations and tests

Price available on request.

CONSULTATIONS

- Check-up examination
- ENT examination
- Gynaecology examination
- Eye examination
- Dermatology examination
- Cardiology examination

DENTAL

- Dental examination
- Panoramic dental X-ray
- Tartar removal

CARDIOLOGY

- Exercise ECG*
- ECG
- Doppler colour echocardiography
- 24-hour blood pressure Holter

IMAGING

- Cardiac CT - calcium scoring
- Low-dose chest CT for screening
- Thyroid ultrasound
- Whole-abdomen ultrasound
- Bilateral breast ultrasound
- Bilateral mammography*

IMAGING (CONTINUED)

- Bilateral carotid colour Doppler ultrasound
- Femoral bone-density measurement
- Lumbar AP bone-density measurement
- Intracranial MR angiography (3 T)
- Brain MRI (1.5 T)

NEUROLOGY / SLEEP

- Polysomnography (sleep study)

AUDIOLOGY

- Audiometry and tympanometry
- Pure-tone audiometry

RESPIRATORY FUNCTION

- Respiratory function test

DERMATOLOGY

- Dermatoscopy

ENDOSCOPY

- Oesophagoscopy, gastroscopy, duodenoscopy with biopsy
- Colonoscopy with biopsy*

PATHOLOGY

- ThinPrep cytopathology
- Stomach biopsy
- Colon biopsy*
- Colonoscopic polypectomy, up to 2 polyps*

ANAESTHESIA

- Sedation and local anaesthesia

* The source brochure states that exercise ECG, mammography, colonoscopy and related biopsy are for people over 40. Colonoscopic polypectomy is included for up to 2 polyps in people over 40; further polyps are charged separately. Tests depend on the physician's advice. Current contents are confirmed in the written offer.

Women | Laboratory tests

Price available on request.

LABORATORY TESTS

- Alpha-fetoprotein (AFP)
- Alkaline phosphatase (ALP)
- Alanine aminotransferase (ALT)
- Aspartate aminotransferase (AST)
- Amylase
- Zinc (Zn)
- Iron
- Iron-binding capacity
- Ferritin
- Folic acid
- Faecal occult blood
- Gamma-glutamyl transferase (GGT)
- Fasting glucose
- Haemoglobin A1c (HbA1c)
- Homocysteine
- Calcium (Ca)
- Chloride (Cl)
- HDL cholesterol
- Direct LDL cholesterol
- Total cholesterol
- VLDL cholesterol
- Serum creatinine
- Lactate dehydrogenase (LDH)
- Lipase
- Lipoprotein(a) [Lp(a)]
- Magnesium (Mg)
- Potassium (K)

LABORATORY TESTS

- Total protein
- Sodium (Na)
- Urinalysis
- Triglycerides
- Blood urea nitrogen (BUN)
- Uric acid
- Vitamin B12
- 25-hydroxy vitamin D
- aPTT
- Expanded complete blood count
- Prolactin (PRL)
- Thyroid-stimulating hormone (TSH)
- Free thyroxine (FT4)
- Free triiodothyronine (FT3)
- CA 125
- CA 15-3
- CA 19-9
- Throat culture
- Stool parasite test
- Urine culture
- Hepatitis B surface antigen (HBsAg)
- Hepatitis B surface antibody (anti-HBs)
- Hepatitis C antibody (anti-HCV)
- HIV 1/2 antibodies + p24 antigen
- SARS-CoV-2 total antibodies
- SARS-CoV-2 antigen

* The source brochure states that exercise ECG, mammography, colonoscopy and related biopsy are for people over 40. Colonoscopic polypectomy is included for up to 2 polyps in people over 40; further polyps are charged separately. Tests depend on the physician's advice. Current contents are confirmed in the written offer.

Men | Consultations and tests

Price available on request.

CONSULTATIONS

- Check-up examination
- ENT examination
- Urology examination
- Eye examination
- Dermatology examination
- Cardiology examination

DENTAL

- Dental examination
- Panoramic dental X-ray
- Tartar removal

CARDIOLOGY

- Exercise ECG*
- ECG
- Doppler colour echocardiography
- 24-hour blood pressure Holter

IMAGING

- Cardiac CT - calcium scoring
- Low-dose chest CT for screening
- Thyroid ultrasound
- Whole-abdomen ultrasound
- Bilateral carotid colour Doppler ultrasound
- Femoral bone-density measurement

IMAGING (CONTINUED)

- Lumbar AP bone-density measurement
- Intracranial MR angiography (3 T)
- Brain MRI (1.5 T)

NEUROLOGY / SLEEP

- Polysomnography (sleep study)

AUDIOLOGY

- Audiometry and tympanometry
- Pure-tone audiometry

RESPIRATORY FUNCTION

- Respiratory function test

DERMATOLOGY

- Dermatoscopy

ENDOSCOPY

- Oesophagoscopy, gastroscopy, duodenoscopy with biopsy
- Colonoscopy with biopsy*

PATHOLOGY

- Stomach biopsy
- Colon biopsy*
- Colonoscopic polypectomy, up to 2 polyps*

ANAESTHESIA

- Sedation and local anaesthesia

* The source brochure states that exercise ECG, mammography, colonoscopy and related biopsy are for people over 40. Colonoscopic polypectomy is included for up to 2 polyps in people over 40; further polyps are charged separately. Tests depend on the physician's advice. Current contents are confirmed in the written offer.

Men | Laboratory tests

Price available on request.

LABORATORY TESTS

- Alpha-fetoprotein (AFP)
- Alkaline phosphatase (ALP)
- Alanine aminotransferase (ALT)
- Aspartate aminotransferase (AST)
- Amylase
- Zinc (Zn)
- Iron
- Iron-binding capacity
- Ferritin
- Folic acid
- Faecal occult blood
- Gamma-glutamyl transferase (GGT)
- Fasting glucose
- Haemoglobin A1c (HbA1c)
- Homocysteine
- Calcium (Ca)
- Chloride (Cl)
- HDL cholesterol
- Direct LDL cholesterol
- Total cholesterol
- VLDL cholesterol
- Serum creatinine
- Lactate dehydrogenase (LDH)
- Lipase
- Lipoprotein(a) [Lp(a)]
- Magnesium (Mg)
- Potassium (K)

LABORATORY TESTS

- Total protein
- Sodium (Na)
- Urinalysis
- Triglycerides
- Blood urea nitrogen (BUN)
- Uric acid
- Vitamin B12
- 25-hydroxy vitamin D
- aPTT
- Expanded complete blood count
- Prolactin (PRL)
- Thyroid-stimulating hormone (TSH)
- Free thyroxine (FT4)
- Free triiodothyronine (FT3)
- CA 15-3
- CA 19-9
- Total prostate-specific antigen (PSA)
- Free prostate-specific antigen (PSA)
- Throat culture
- Stool parasite test
- Hepatitis B surface antigen (HBsAg)
- Hepatitis B surface antibody (anti-HBs)
- Hepatitis C antibody (anti-HCV)
- HIV 1/2 antibodies + p24 antigen
- SARS-CoV-2 total antibodies
- SARS-CoV-2 antigen

* The source brochure states that exercise ECG, mammography, colonoscopy and related biopsy are for people over 40. Colonoscopic polypectomy is included for up to 2 polyps in people over 40; further polyps are charged separately. Tests depend on the physician's advice. Current contents are confirmed in the written offer.