



Check-up GOLD

Brochure for women and men

Consultations and tests are listed separately for women and men. The final programme is confirmed in the hospital's offer after medical assessment.

Price available on request.

Duration: 2–3 business days.

Medical services are provided by the confirmed partner hospital.

Source brochure valid until 31 Dec 2026; the current offer is confirmed in writing.

Free transfer from Istanbul airport to your hotel or hospital and back, for the patient and companions.

At the hospital, the patient is accompanied by an interpreter in their native language.

Women | Consultations and tests

Price available on request.

CONSULTATIONS

- General check-up examination
- Cardiology examination
- Dental examination
- Nutrition consultation
- Gynaecology examination
- Dermatology or eye examination

CARDIOLOGY

- ECG
- Exercise ECG or colour Doppler echocardiography (M+B mode)*

IMAGING

- Posteroanterior chest X-ray
- Thyroid ultrasound
- Whole-abdomen ultrasound
- Panoramic dental X-ray*
- Bilateral breast ultrasound*
- Bilateral mammography*
- Whole-body bone-density scan*

BODY COMPOSITION

- Bioimpedance body-composition analysis

CYTOPATHOLOGY

- ThinPrep cytopathology (women)

LABORATORY TESTS

- Alanine aminotransferase (ALT)
- Aspartate aminotransferase (AST)
- Iron
- Iron-binding capacity
- Ferritin
- Magnesium (Mg)
- Folic acid
- Faecal occult blood
- Fasting glucose
- Haemoglobin A1c (HbA1c)
- Calcium (Ca)
- HDL cholesterol
- Direct LDL cholesterol
- Total cholesterol
- Serum creatinine
- Lipase
- Lipoprotein(a) [Lp(a)]

LABORATORY TESTS

- Urinalysis
- Triglycerides
- Blood urea nitrogen (BUN)
- Uric acid
- Vitamin B12
- 25-hydroxy vitamin D
- Quantitative C-reactive protein (CRP)
- Expanded complete blood count
- Insulin
- Thyroid-stimulating hormone (TSH)
- Free thyroxine (FT4)
- Hepatitis B surface antigen (HBsAg)
- Hepatitis B surface antibody (anti-HBs)
- Hepatitis C antibody (anti-HCV)
- CA 15-3
- CA 19-9
- CA 125

* Exercise ECG/echocardiography: recommended over age 40; under 40, as advised by a physician. Mammography and breast ultrasound: over age 40; under 40, breast ultrasound is recommended, according to medical advice. Bone-density scan: over 40 or under 40 only if advised. Panoramic dental X-ray: only on dental advice.

Men | Consultations and tests

Price available on request.

CONSULTATIONS

- General check-up examination
- Cardiology examination
- Dental examination
- Nutrition consultation
- Urology examination
- Chest-diseases or eye examination

CARDIOLOGY

- ECG
- Exercise ECG or colour Doppler echocardiography (M+B mode)*

IMAGING

- Posteroanterior chest X-ray
- Thyroid ultrasound
- Whole-abdomen ultrasound
- Panoramic dental X-ray*
- Low-dose chest CT for screening

BODY COMPOSITION

- Bioimpedance body-composition analysis

LABORATORY TESTS

- Alanine aminotransferase (ALT)
- Aspartate aminotransferase (AST)
- Iron
- Iron-binding capacity
- Ferritin
- Magnesium (Mg)
- Folic acid
- Faecal occult blood
- Fasting glucose
- Haemoglobin A1c (HbA1c)
- Calcium (Ca)
- HDL cholesterol
- Direct LDL cholesterol
- Total cholesterol
- Serum creatinine
- Lipase
- Lipoprotein(a) [Lp(a)]
- Urinalysis
- Triglycerides

LABORATORY TESTS

- Blood urea nitrogen (BUN)
- Uric acid
- Vitamin B12
- 25-hydroxy vitamin D
- Quantitative C-reactive protein (CRP)
- Expanded complete blood count
- Insulin
- Thyroid-stimulating hormone (TSH)
- Free thyroxine (FT4)
- Hepatitis B surface antigen (HBsAg)
- Hepatitis B surface antibody (anti-HBs)
- Hepatitis C antibody (anti-HCV)
- CA 15-3
- CA 19-9
- Amylase
- Total testosterone
- Bioavailable testosterone
- Total prostate-specific antigen (PSA)*
- Free prostate-specific antigen (PSA)*

* Exercise ECG/echocardiography: recommended over age 40; under 40, as advised by a physician. Total and free PSA: men over 40 on medical advice; not performed under 40. Panoramic dental X-ray: only on dental advice.